

LEARN TO SWIM REGISTRATION FORM

1st choice session # _____ time _____ 2nd choice session # _____ time _____

1st child Name _____ Birthdate _____ level _____

2nd child Name _____ Birthdate _____ level _____

3rd child Name _____ Birthdate _____ level _____

Parent Name _____ phone _____

Address _____

Email _____

please provide an email if you would like your registration confirmed

Please MAIL PAYMENT AND REGISTRATION FORM TO (make checks payable to "Adirondack Bluefins"): ADIRONDACK BLUEFINS, P.O. BOX 522, LATHAM, NY 12110

SNOW DAYS: The Adirondack Bluefins will attempt to contact you in the event of weather or pool related changes to the schedule, please be sure your information is complete and accurate. Please keep the swim line phone number handy so you can call when there is a question. We will work with you to make up lost time. Because we rent the pools there are often changes made to the schedule we are unaware of at the time of printing.

MISSED CLASS: If you miss a class because of sickness or another reason you are welcome to make it up at another time and pool. A schedule of classes is available on the website adbluefins.com. Please call the swim line number to check on availability for that week.

CLASS SIZE: The teacher to student ratio is usually 1/5. Each class is usually kept to a limit of 10 and 40 children for each lesson time. There are class times and locations that fill up. You are welcome to call the swim line number and put your name on the list for a class and make payment on the first day of class. This will help us all avoid being surprised on the first day of class.

We try to accommodate your first choice based on availability of pool space and instructors. If your child is the only student for that time your lesson will be 30 minutes or you can pay an extra \$10.00 per lesson for a 45 minute lesson.

LEVEL: All levels are taught at all times listed. Please use the guide below to assist you with your child's swim level. These are the skills your child will be learning in each of the levels. These levels give us a place to start your child if they have not been with our program before. We will move them on the first day if they need to be moved. It is tough to gauge what the classes will be like until they are actually in the water. It all depends on the makeup of the class itself. We are always willing to work with you on getting a child into the best class for all.

If you have a question about the level your child should be in please call our swim line at 463-3744

American Red Cross Level Descriptions

Level 1 – Gaining comfort in the water Introduction to fundamental Aquatic Skills

Level 2L/2H Learning to swim unassisted

Level 2H/3 Beginning rhythmic breathing, Introduction to Front and Back crawl. Child should be able to swim 5 feet unassisted before being placed in this level

Level 3 - Fine tuning Front and Back crawl, Beginning diving

Level 4- Stroke Improvement: /Elementary Back stroke and Breaststroke Introduction

Level 5 – Stroke Refinement/ Sidestroke

Level 6 - Fitness swimming

***** Competitive Swim Program *****

The Adirondack Bluefins offer a youth swim team program. This will help the child who still enjoys swimming but wants a little more than the lessons. Various programs are available. Your child competes when they are ready, it is not mandatory. We offer a 2 week free trial! For more information call Head Coach, Jeff Maxwell at 852-6312

QUESTIONS??? PLEASE CALL OUR SWIM INFO LINE AT 463-3744 OR EMAIL QUESTIONS TO RPAVELEC@VERIZON.NET (BEST CHOICE)