

September

2008

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
	1	2	3	4	5	6
7	8 Group 4 & 5 Shaker 6:00-7:00 PM	9 Group 1, 2, 3 Shaker 6:00-7:00 PM	10 Group 4 & 5 Shaker 6:00-7:00 PM	11 Group 1, 2, 3 Shaker 6:00-7:00 PM	12 Group 4 & 5 Shaker 6:00-7:00 PM	13
14	15 Group 4 & 5 Shaker 6:00-7:00 PM	16 Group 1, 2, 3 Shaker 6:00-7:00 PM	17 Group 4 & 5 Shaker 6:00-7:00 PM	18 Group 1, 2, 3 Shaker 6:00-7:00 PM	19 Group 4 & 5 Shaker 6:00-7:00 PM	20
21	22 ALL GROUPS RPI Group 2 & 3 6:30-7:30 Group 4 6:30-8:00 Group 5 6:30-8:30 Masters 6:00-7:00	23 ALL GROUPS RPI Group 1 & 3 6:30-7:30 Group 4 6:30-8:00 Group 5 6:30-8:30 Masters 6:00-7:00 Tri- 6:30-7:30	24 ALL GROUPS RPI Group 2 & 3 6:30-7:30 Group 4 6:30-8:00 Group 5 6:30-8:30 Masters 6:00-7:00	25 ALL GROUPS RPI Group 1 & 3 6:30-7:30 Group 4 6:30-8:00 Group 5 6:30-8:30 Masters 6:00-7:00 Tri 6:30-7:30	26 ALL GROUPS Shaker Group 2 & 3 6:00-7:00 Group 4 6:00-7:30 Group 5 6:00-8:00 Masters 7:00-8:00 PM	27
28	29 Group 2 & 3 6:00-7:00 (Shaker) Group 4 6:30-8:00 RPI Group 5 6:30-8:30 RPI Masters 6:00-7:00 RPI	30 Group 1 & 3 6:00-7:00 (Shaker) Group 4 6:30-8:00 RPI Group 5 6:30-8:30 RPI Masters 6:00-7:00 RPI Tri-7:00-8:00 RPI	1 Group 2 & 3 6:00-7:00 (Shaker) Group 4 6:30-8:00 RPI Group 5 6:30-8:30 RPI Masters 6:00-7:00 RPI	2 Group 1 & 3 6:00-7:00 (Shaker) Group 4 6:30-8:00 RPI Group 5 6:30-8:30 RPI Masters 6:00-7:00 RPI Tri-7:00-8:00 RPI	3 ALL GROUPS Shaker Group 2 & 3 6:00-7:00 Group 4 6:00-7:30 Group 5 6:00-8:00 Masters 7:00-8:00 PM	4 Groups 4 & 5 11:00-1:00 PM Shaker